



# 33<sup>rd</sup> Annual Rochelle Invitational Track Meet

"The Meet in the Heat"

Saturday, July 17, 2010



Sanctioned by USA Track & Field Illinois

### Start Times:

9:00am - All field events

9:30am - 3000M

10:00am all other running events

### Location and Driving Directions:

Rochelle Township High School track stadium in Rochelle, Illinois. Rochelle is located in north central Illinois near intersection of I-88 and I-39. The stadium is located on Flagg Road 1/2 mile west of US 251. It is north of the high school at the end of the school's drive. Stadium is located near the parking lots. Park near stadium. There is plenty of free parking. Use the circle drive for pick up/drop off. Please do not park in the circle drive. **Mapquest:** Visit [www.mapquest.com](http://www.mapquest.com) and enter "1401 Flagg Road" in the address/intersection box and enter "Rochelle, Illinois, 61068" for city/state.

### Facilities:

3 year old all weather, eight-lane track. Four long/triple jump pits. 2 year old pole vault and high jump pit. Restrooms. Concession stand. No dressing rooms or showers. Starting blocks will be provided. 1/4" pyramid spikes only. Please keep tents outside of track area and not blocking spectators. Pole vaulters must bring their own equipment.

### Events:

See page two for event listings. In events 200 meters or less the preliminaries will be considered finals if there are two or less heats. Otherwise, finals will be run according to the schedule.

**Fun Run:** A 50 meter Fun Run will be held for any child six years old or younger.

### Age Divisions:

	Birth Year	Age	
Pee Wee	2001 - 03*	6-8	*Note: Athletes born in 2003 or later may not compete in events longer than 400m
Bantam	1999 or 2000	9-10	
Midget	1997 or 98	11-12	
Youth	1995 or 96	13-14	
Intermediate	1993 or 94	15-16	
Young M/W	1991 or 92**	17-18	***1991 Young M/W allowed if 2008 H.S. Grad.

**Event Limits:** Pee Wee, Bantam, Midget - 3 events. Youth and up - 4 events.

**Proof of age:** Every athlete, if challenged, must present valid proof of age or risk loss of award.

**Moving up:** Competitors may "move up" only one age group.

**USATF cards:** Athletes are not required to have USATF cards, but there are reduced fees for athletes who do have them. Team coaches must provide USATF numbers with their team registration form to receive discount. Unattached USATF cardholders must present their card at the registration table to receive discount.

## Rochelle Invitational Track Meet (continued)

**Early fees:** \$5.00 per event and \$20.00 per relay. \$1.00 discount per event or \$4.00 per relay for registered USA Track & Field members. ***Postal mail entries must be postmarked on or before Monday July 12 to receive early entry fee and USATF discount. Faxed or emailed entries must be received on or before midnight Thursday, July 15 to receive early fee and discount. You may email or postal mail Hy-Tek Team Manager rosters by calling ahead for information***

**Regular fees:** \$6.00 per event \$24.00 per relay. Regular fees will take effect after deadlines listed above (including USA Track & Field cardholders).

**Changes:** Changes to existing entries must be made by email or fax before 10:00 pm **Friday, July 16**. After that, make all changes in person at the meet **before 8:30 am**. If your adds exceed your drops, those adds will be charged the regular entry fee. **Only drops will be accepted after 8:30 am meet day. No refunds granted for drops after 8:30 am.** Late entrants will be seeded where openings exist.

<b>Contact Info</b>	Rochelle Track Club	<b>Phone</b>	815-562-7554
	c/o Kurt Wolter	<b>Fax</b>	815-562-7554
	104 Avenue D	<b>Website</b>	<a href="http://www.rochelletrackclub.org">www.rochelletrackclub.org</a>
	Rochelle, IL 61068	<b>Email</b>	<a href="mailto:kwolter@rochelletrackclub.org">kwolter@rochelletrackclub.org</a>

**Fairness** If there is a question concerning an athlete's age, award will not be given until proof of age can be provided. Bring birth certificates and USATF numbers. This meet is run to accommodate the participants. We will be as fair as possible in order to let them participate in their events. ***Thanks for participating in the "Meet in the Heat"!!***

***Events schedule: see following pages***

## Rochelle Invitational Track Meet (continued)

### Events Schedule:

#### **FIELD EVENTS - 9:00 AM - All field events youngest to oldest, girls then boys unless noted**

Girls Long Jump – Pit #1	All divisions	
Boys Long Jump – Pit #2	All divisions	
Triple Jump (after long jump)	Youth and older	
High Jump	Bantam and older	<b><i>Oldest to youngest</i></b>
Pole Vault	Youth and older.	
Shot Put	Bantam and older	
Mini Javelin	Bantams & Midgets	
Javelin (after Mini Javelin)	Youth and older.	
Discus	Midget and older.	

#### **RUNNING EVENTS – 9:30 AM**

3000M	Midgets and older.	One heat
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#### **RUNNING EVENTS–10:00 AM - All running events youngest to oldest, girls then boys unless noted**

80M 30" Hurdles	Midget Girls, Midget Boys	Blue dots on track
100M 30" Hurdles	Youth Girls	Green dots on track
100M 33" Hurdles	Youth Boys, Intermediate Girls, Young Women	Yellow hash lines
110M 39" Hurdles	Int. Boys, Young Men	Blue hash lines
Hurdle finals if needed		
100M	All divisions	Prelims then finals
50 M FUN RUN	Any child ages 6 and under	
800M	All divisions (PeeWee's must be 8 & older)	
400M	All divisions	
4 x 100 Relay	All divisions	
1500M	All divisions (PeeWee's must be 8 & older)	
200M	All divisions	
4 x 400 Relay	All divisions	
4 x 200 Relay	All divisions	



# Rochelle Track Club Invitational Meet



“The Meet in the Heat”

## Individual Entry Form

### Personal Information:

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

Male or Female (circle one)

Birthdate: \_\_\_\_\_

USATF# \_\_\_\_\_ (if you are USATF member) email: \_\_\_\_\_

### Age Division (circle one):

	Birth Year	Age	
Pee Wee	2002 - 2004*	6-8	*Pee Wees born in 2002 may
Bantam	2000 or 2001	9-10	compete in events 400M and under.
Midget	1998 or 1999	11-12	
Youth	1996 or 1997	13-14	
Intermediate	1994 or 1995	15-16	
Young M/W	1992 or 1993 **	17-18	***1991 Young M/W allowed if 2009 H.S. Grad.

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_

Email: \_\_\_\_\_

List the events in which you would like to be entered (see meet info for event choices & limits):

\_\_\_\_\_

\_\_\_\_\_

Total Fees: \_\_\_\_\_

Important – Release statement must be signed and dated:

I do hereby, for myself, my heirs, executors and assigns, waive and release any and all rights and claims for damages which I may hereafter accrue to me against the Rochelle Track Club, it's coaches and volunteers, Rochelle High School, or sponsors. I attest and certify that I (my child or ward) is/am physically fit to participate in these events.

\_\_\_\_\_  
Parent or guardian signature

\_\_\_\_\_  
Date

Mail this application, a copy of athlete's birth certificate, and entry fees to address below, or bring entry form, birth certificate, and entry fee to meet before by 8:30 am.  
Rochelle Track Club  
c/o Kurt Wolter  
104 Avenue D, Rochelle, IL 61068

