



34nd Annual Rochelle Invitational Track Meet

“The Meet in the Heat”

Saturday, June 18, 2011



Sanctioned by USA Track & Field Illinois

Start Times:

9:00am - All field events

9:30am - 3000M

10:30am all other running events

Location and Driving Directions:

Rochelle Township High School track stadium in Rochelle, Illinois. Rochelle is located in north central Illinois near intersection of I-88 and I-39. The stadium is located on Flagg Road 1/2 mile west of US 251. It is north of the high school at the end of the school's drive. Stadium is locate near the parking lots. Park near stadium. There is plenty of free parking. Use the circle drive for pick up/drop off. Please do not park in the circle drive. **Mapquest:** Visit www.mapquest.com and enter “1401 Flagg Road” in the address/intersection box and enter “Rochelle, Illinois, 61068” for city/state.

Facilities:

4 year old all weather, eight-lane track. Two long/triple jump pits. 4 year old pole vault and high jump pit. Clean restrooms. Concession stand. No dressing rooms or showers. Starting blocks will be provided. 1/4” pyramid spikes only. Please keep tents outside of track area and not blocking spectators. Pole vaulters must bring their own equipment.

Events:

See page two for event listings. In events 200 meters or less the preliminaries will be considered finals if there are two or less heats. Otherwise, finals will be run according to the schedule.

Fun Run: A 50 meter Fun Run will be held for any child six years old or younger.

Age Divisions:

	Birth Year	Age	
SubBantam	2005 - 03*	6-8	*Note: Athletes born in 2005 or later may not compete in events longer than 400m
Bantam	2001 or 2002	9-10	
Midget	1999 or 2000	11-12	
Youth	1997 or 98	13-14	
Intermediate	1995 or 96	15-16	
Young M/W	1993 or 94**	17-18	***1993 Young M/W allowed if 2011 H.S. Grad.

Event Limits: Sub Bantam, Bantam, & Midget - 3 events. Youth and up - 4 events.

Proof of age: Every athlete, if challenged, must present valid proof of age or risk loss of award.

Moving up: Competitors may “move up” only one age group.

USATF cards: Athletes are not required to have USATF cards, but there are reduced fees for athletes who do have them. Team coaches must provide USATF numbers with their team registration form to receive discount. Unattached USATF cardholders must present their card at the registration table to receive discount.

Rochelle Invitational Track Meet (continued)

- Early registration fees:** \$5.00 per event and \$20.00 per relay. Early fees used for entries received before deadlines listed below.
- Regular fees:** \$6.00 per event \$24.00 per relay. Regular fees used for entries received after deadlines listed below.
- Discount:** \$1.00 discount per event or \$4.00 discount per relay for registered USA Track & Field members.
- Postal mail entry deadline:** Postmarked on or before **Monday June 13th**.
- Email entry deadline:** Received by email on or before midnight **Thursday, June 16th**
- In Person entry deadline** In person entries are taken on the day of the meet until **8:30 am**. ***Coaches – please do not bring entire teams for in person, day of entry!***
- Hy-Tek rosters:** You may email Hy-Tek Team Manager rosters.
- Hy-Tek entries:** Send an email request for Hy-Tek events so you may do your own entries and email entry file.
- Email changes deadline:** Changes to existing entries must be made by email before **8:00 pm Friday, June 17th**.
- In Person changes deadline** After that, make all changes in person at the meet before 9:00 am. Only drops will be accepted after 9:00 am meet day. No refunds granted for drops after 9:00 am.
- For team entries:** If adds exceed drops, those adds made after the deadline will be charged the regular entry fee. Late entrants will be seeded where openings exist.

Postal Mail Contact Info: Rochelle Track Club
c/o Kurt Wolter
104 Avenue D
Rochelle, IL 61068

Phone: 815 761 4567
Phone entries not accepted
Fax: **Faxed entries not accepted**
Website: www.rochelletrackclub.org
Email: kwolter@rochelletrackclub.org

Fairness If there is a question concerning an athlete's age, award will not be given until proof of age can be provided. Bring birth certificates and USATF numbers. This meet is run to accommodate the participants. We will be as fair as possible in order to let them participate in their events.

Thanks for participating in the "Meet in the Heat"!!

Events schedule: see following pages

Rochelle Invitational Track Meet (continued)

Events Schedule:

FIELD EVENTS - 9:00 AM - All field events youngest to oldest, girls then boys unless noted

Girls Long Jump – Pit #1	All divisions	Youngest to oldest
Boys Long Jump – Pit #2	All divisions	Youngest to oldest
Triple Jump (after long jump)	Youth and older	Youngest to oldest, girls then boys
High Jump	Bantam and older	Oldest to youngest
Pole Vault	Youth and older.	Youngest to oldest, girls then boys
Shot Put	All divisions	Youngest to oldest, girls then boys
Mini Javelin	Sub Bantams, Bantams, Midgets	Youngest to oldest, girls then boys
Javelin (after Mini Javelin)	Youth and older.	Youngest to oldest, girls then boys
Discus	Midget and older.	Youngest to oldest, girls then boys

RUNNING EVENTS – 9:30 AM

3000M	Midgets and older.	One heat
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RUNNING EVENTS–10:30 AM - All running events youngest to oldest, girls then boys unless noted

80M 30" Hurdles	Midget Girls, Midget Boys	Blue dots on track
100M 30" Hurdles	Youth Girls	Green dots on track
100M 33" Hurdles	Youth Boys, Intermediate Girls, Young Women	Yellow hash lines
110M 39" Hurdles	Int. Boys, Young Men	Blue hash lines
Hurdle finals if needed		
100M	All divisions	Prelims then finals
50 M FUN RUN	Any child younger than 6 years old.	
800M	All divisions	
400M	All divisions	
4 x 100 Relay	All divisions	
1500M	All divisions	
200M	All divisions	
4 x 400 Relay	All divisions	
4 x 200 Relay	All divisions	



Rochelle Track Club Invitational Meet



“The Meet in the Heat”

Individual Entry Form

Personal Information:

First name: _____

Last name: _____

Male or Female (circle one)

Birthdate: _____

USATF# _____ (if you are USATF member) email: _____

Age Division (circle one):

	Birth Year	Age	
Sub Bantam	2001 - 2003*	6-8	*Sub Bantams born in 2003 may compete in events 400M and under.
Bantam	2001 or 2002	9-10	
Midget	1999 or 2000	11-12	
Youth	1997 or 1998	13-14	
Intermediate	1995 or 1996	15-16	
Young M/W	1993 or 1994**	17-18	***1993 Young M/W allowed if 2011 H.S. Grad.

Address: _____ City: _____ State: _____ Zip: _____

Phone: () _____

Email: _____

Events to enter (see meet info for event choices & limits):

Total Fees: _____

Important – Release statement must be signed and dated:

I do hereby, for myself, my heirs, executors and assigns, waive and release any and all rights and claims for damages which I may hereafter accrue to me against the Rochelle Track Club, it's coaches and volunteers, Rochelle High School, or sponsors. I attest and certify that I (my child or ward) is/am physically fit to participate in these events.

Parent or guardian signature

Date

Mail this application, a copy of athlete's birth certificate, and entry fees to address below. Or email copy of forms to kwolter@rochelletrackclub.org. Or bring entry form, birth certificate (non USATF member), and entry fee to meet before by 8:30 am.
Rochelle Track Club c/o Kurt Wolter
104 Avenue D, Rochelle, IL 61068

