

## **Rochelle Track Club General Information**

The Rochelle Track Club (RTC) is a private club open to all Rochelle, Illinois area youth ages 6-18 who are interested in developing their skills in track and field. It is a member of the Illinois Association of USA Track and Field (USATF). It is coached by volunteers who have various levels of coaching and teaching experience.

Head coach is Kurt Wolter. Phone 562-7554. Our website is at <http://www.rochelletrackclub.org>

Our season runs from early June through late July (see our summer schedule). Practice is held at the Rochelle Township High School track stadium. Sign up is during the first week of practice.

The cost to join is \$40.00 per athlete which covers the (\$20.00) cost of their required USATF membership, insurance, a club t-shirt, and access to club training equipment and facilities. **An additional \$2.00 per event is charged for each track meet event an athlete signs up for during the season.** No fee is charged for club members' events at our home meet.

Specific meet information and driving directions will be provided at practice. **Transportation and supervision to/from track meets in the responsibility of the athletes parent/guardian.** You must sign up two weeks prior to the Illinois & Regional Junior Olympics. The Junior Olympics are large meets where athletes may qualify for the USATF National Track and Field Championships. Please talk to Kurt Wolter if you plan on going to these meets.

USATF membership includes limited insurance coverage which covers athletes and coaches while at practice, at USATF sanctioned meets, and while they are in transit to those events. To receive membership athletes must submit a RTC membership/waiver form, a USATF membership form, and a valid birth certificate.

Basic club rules of respect and behavior must be followed at all times. Repeated violation of these rules may result in a athlete being asked to leave the club with no fee refunded. RTC members have access to the RTHS track during practice and meet times. Athletes parents may use the track during practice times by requesting permission from the head coach and submitting an RTC Signup/Waiver form to use the track. All children under age 18 are not allowed in the stadium stands unless accompanied by an their parent/guardian. All athletes should stay with a coach during practice. Please stay off the football field grass. All athletes should wear running shoes, shorts, and shirts to practice and meets. A water bottle is recommended. Water is available at the track inside the restrooms and concession area.

We will not practice under any severe weather warning. We will probably not practice under severe weather watches. Call Kurt at 562-7554 to find out.

If you have any questions please talk to Kurt or another RTC coach.